

# Opening Your Heart to Jesus and Mary

## **This is a guide for doing the Enthronement in your home:**

1. Frame your pictures soon after selecting the place of honor in your home where the family spends time together. This could be the living or dining room, family room or even the kitchen.
2. Decide on the Enthronement date and time with your family. It is not required that a Priest officiate. The father or mother may lead the ceremony in your home.
3. To prepare spiritually, review and reflect prayerfully on the packet materials or from other devotional resources to inspire you about the love of Jesus and Mary.
4. When you are ready to begin your Enthronement, the framed pictures are put in their place of honor by the father, mother or leader. Then recite together the prayers on the Enthronement Scroll. You may add other prayers as the Apostles' Creed, Our Father, Hail Mary and personal prayers. Then, using your own words, "speak from the heart" to Jesus and Mary to protect, guide and bless you and your family.
5. Next, cut out a copy of the Daily Offering Prayer, on the Prayer Card Sheet, and give to each family member to use every day. *This little prayer is so powerful and important because it unites us and all we do every day with Jesus and Mary and the Communion of Saints.*
6. Sign your name and any comments on the Enrollment Register on the bottom of the Enthronement Scroll. Keep for future get-togethers and to renew your Enthronement during the year.
7. Congratulations on your Enthronement! What is important is that everyone continue the prayers and good work of the devotion. You should then discuss the following ideas for "living out" the devotions.

## **Suggestions for "Living Out" the Enthronement and Consecration:**

- Arrange for your next family get-together. Set aside quiet time of 20 to 30 minutes a week to gather as a family to pray and share what the Lord is doing in your life. Add time and ideas as you grow!
- Here are a few suggestions to get started:
  1. Read and reflect on the Sunday Gospels highlighting the beautiful words and teachings of Jesus.
  2. Select one of the Twelve Great Promises to reflect on and discuss its meaning in your lives and how to grow closer to Jesus and Mary.
  3. Share your favorite reading from Scripture, from the Lives of the Saints, the Church Library or the internet.
  4. Pray the Rosary, as asked by Our Blessed Mother at Fatima, for peace in the world and blessings for your family. Saying the Rosary as a family is especially powerful.
  5. Try to start making the First Friday and First Saturday Devotions as soon as you can.
  6. Remember, to always turn to Jesus and Mary and talk to Them as your "Best Friends."

*Lastly, we pray every day that all will be blessed abundantly.*

*May the love of Jesus and Mary guide and care for you always.*      *Your Enthronement Team*

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### **For more information, please contact us:**

PHONE: 610.783.7828 (Veronica)  
WEB: Enthronement.org

EMAIL: ParishEnthronement@hotmail.com  
PHONE: 610.358.2862 (George)  
WEB: ParishEnthronement.org

# ENTHRONEMENT OF THE SACRED HEART OF JESUS AND CONSECRATION TO THE IMMACULATE HEART OF MARY

*The Enthronement is more than a blessing of the Sacred Heart picture for the home. It is the dedication of a person and family to the Divine Heart of Jesus, for us to live in union with Him by love, grace and obedience to His Commandments. The Enthronement brings countless graces and blessings, as enumerated in the Twelve Great Promises He made to St. Margaret Mary.*

## **What does it mean?**

The word enthronement means “to put upon a throne”. In effect, when we enthrone the Sacred Heart of Jesus as King and Head of our home, we are turning our life and hearts over to Him to bless, guide, and protect us always.

Through the Consecration to the Immaculate Heart, we are asking Mary, our spiritual Mother, to extend Her mantle of love, comfort and protection over us and to lead us into a deeper relationship with Her son Jesus.

## **Why is it so important?**

Jesus said to St. Margaret Mary, *“I will bless the homes in which an image of My Heart shall be exposed and honored”*. To invite Jesus and Mary into our homes takes on greater meaning today in these troubled times, and becomes a source of daily devotion and grace.

Pope John Paul II, in an address to the families of the world said, *“Always keep your eyes on the Sacred Heart of Jesus, King and Center of all hearts. From Him, you will learn the great lessons of love, of goodness, of sacrifice, of piety, so necessary for every Christian family.”*

## **History of Devotion to the Sacred Heart of Jesus**

Devotion to the Sacred Heart of Jesus has existed throughout much of the history of the Church.\* However, in France in June 1675, Jesus instructed St. Margaret Mary Alacoque that He wished devotion to His Sacred Heart be made known to the world and revealed to her His Twelve Great Promises. These promises, as well as information on the First Friday Devotion to the Sacred Heart, are listed on another page of the Packet.

Through the efforts of St. Margaret Mary and St. Claude de la Colombiere, and with the grace of God, devotion to the Sacred Heart of Jesus spread throughout the world. The modern day version of the Enthronement Devotion was started by Father Mateo Crawley-Boevey of the Congregation of the Sacred Hearts of Jesus and Mary SS.CC in the early 1900’s.

Pope Pius X directed Father Mateo to make it his life’s work to bring the *“entire world, home by home, family by family to the Sacred Heart.”*

## **History of Devotion to the Immaculate Heart of Mary**

Devotion to the Immaculate Heart of Mary has been practiced through the years in the Church. However, devotion to Her Immaculate Heart came into world prominence when the Blessed Mother appeared to three young shepherd children in Fatima, Portugal in 1917.

On June 13, 1917 our Blessed Mother said to Lucia, one of the three, *“...God wishes to use you to make Me known and loved, and to establish throughout the world, devotion to My Immaculate Heart. To all those who embrace it, I promise salvation, and their souls will be loved by God as flowers placed by Me before His throne”*.

In 1925, the Blessed Virgin appeared again to Lucia giving her the promise concerning the First Saturday Devotion which is described on the reverse side of the Enthronement Scroll.

In our time, St. John Paul II, the great Marian Pope, and Pope Francis have consecrated the entire world to the Immaculate Heart of Mary and placed us all under her loving care.

\* For more information on the Heart of Jesus in church history, go to [www.enthronement.org/over-the-centuries.html](http://www.enthronement.org/over-the-centuries.html)